

Dear Parents,

Fayetteville Intermediate will begin the "Rainbows Program" in January. We will be having weekly support groups for our students who are living in single-parent homes, step families, or families who are going through some kind of painful transition.

When something significant happens in a family, the entire family is affected. Even though death, divorce, or loss, sometimes appear to be only grown up problems, they have a profound effect on the children touched by these experiences. If a parent dies or a divorce occurs, not only do the parents grieve. The children do also. Because of their age and short life experience, children find it extremely difficult to verbalize their feelings of grief.

We have some very sensitive, caring, trained adults who have said "yes" to helping your children put their feelings in to words, work through their grief, build a stronger sense of self-esteem, and begin to accept what has taken place in the family.

Children in "Rainbows" meet in small groups of four to six children once a week for 30 – 45 minutes during the school day, or during the After School Program. The groups will meet approximately eight times, beginning sometime in January.

If you have any questions, please call me. Our "Rainbows" leaders look forward to assisting your child in expressing and understanding his/her feelings, and in experiencing acceptance for what has happened in the family. Confidentiality will be strictly maintained.

Due to the large amount of students wanting to participate in this program, those who have been in Rainbows in the past will only be placed in groups **if** space is available.

Sincerely,

Maria Sherrod
FIS School Counselor and Rainbows Site Coordinator



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Please sign and return this form to Ms. Sherrod

_____ (Signature) Date _____
Type of Loss (please circle most important category): Divorce (occurred in what year? _____)
Death (of whom? _____)
Separation from parent

_____ **Yes**, I give permission for my child, _____,
to participate in the "Rainbows" Program and to be photographed at the
"Celebrate ME" party.

** Is your child in the After School Program? _____

_____ **No**, I do not wish for my child, _____,
to participate in the "Rainbows" Program.